

Curriculum Vitae

PERSONAL INFORMATION

Name	Asghar
Last Name	Ghasemi
Nationality	Iranian
Sex	Male
Date of birth	24 Dec 1973
Marriage status	Married

Shahid Beheshti University of Medical Sciences, Endocrine Physiology Research Center, Research Institute for Endocrine Sciences, Tehran, Iran. P.O. Box: 19395-4763 Tel: +98 21-22432503 Fax: +98 21-22416264 Cell phone: 09123485277 E-mail: Ghasemi@endocrine.ac.ir

EDUCATION	
B.Sc. 1992-1996	Isfahan University of Medical Sciences, Isfahan, Iran. B.Sc. in Nursing, (GPA = 18.75/20).
M.Sc. 1999-2001	Tehran University of Medical Science, Tehran, Iran M.Sc. in Medical Physiology (GPA: 19.38/20) M.Sc. Thesis title: Detection of plasma and renal Vitamin E in Lipopolysaccharide- treated rats Advisor: Professor Mehri Kadkhodaee E-mail: <u>mehr45@yahoo.com</u>
Ph.D. 2001-2006	Baqiyatallah Medical Sciences University, Tehran, Iran. Ph.D. in Medical Physiology (GPA: 19.20/20) Ph.D. Thesis title: Effect of paraoxon on GABA uptake by rat cerebral cortex synaptosomes Advisor: Professor Alireza Asgari E-mail: <u>asgari@bmsu.ac.ir</u>
Honorary Research Fellow 29 th Jan 2007- 28 th Apr 2007	Kings College London, Rayne Institute, Department of Cardiology (St. Thomas Hospital), Cardiovascular Division Honorary Research Fellow Research subject: Effect of ACE inhibitors on expression of uncoupling proteins in cell culture Supervisor: Dr. Richard Heads E-mail: <u>Richard.heads@kcl.ac.uk</u>

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- 1. Books
- 1. Questions of Physiology, Ph.D. course-with detailed answers. [Persian] authors: <u>Ghasemi A</u>, Rastegar Farajzadeh A, 2002, Poursina publisher. ISBN: 964567072-1.
- Questions of Physiology, Ph.D. course-with detailed answers. [Persian] authors: <u>Ghasemi A</u>, Najafi Mehri S, 2004, Noora Publisher. ISBN: 964-92752-8-2.
- 3. A simple guide to SPSS for windows, Translation by: <u>Ghasemi A</u>, 2007, Teymoorzadeh Publisher. ISBN: 978-964-420-378-7.
- 4. Four choice questions of Physiology with detailed answers, M.Sc. course. <u>Ghasemi A</u>, Mohammadi M, Abdolhosseini M. 2007, Farhang Publisher. ISBN: 978-964-155-020-4.
- Pocket companion to Guyton & Hall Textbook of medical Physiology. 11th edition. Translation by: Ghasemi A, Mohammadi M. 2009, Khosravi Publisher. ISBN: 978-964-8565-76-8.
- 6. 500 questions of Physiology M.Sc. and Ph.D. courses of nutrition field with detailed answers. <u>Ghasemi A,</u> Nourabadi D. Khosravi Publisher. 2009, ISBN: 978-600-5523-26-3.
- 7. Medical Physiology, for exam. Ghasemi A, Mohammadi M. 2009, Khosravi Publisher. ISBN: 978-600-5523-22-5.
- 8. Questions of Physiology, B.Sc. Course with detailed answers. <u>Ghasemi A</u>, Abdolhosseini M. 2010, Farhang Publisher. ISBN: 978-964-155-153-9.
- 9. Iran Questions Bank (IQB), Physiology. <u>Ghasemi A</u>, Shafiee M. 2010, Beh Andishan Publisher. ISBN: 978-600-5677-13-3.
- 10. Cell physiology. Ghasemi A, Naderi A, Zahed R. Dr. Khalili Publisher. ISBN: 978-600-92008-1-8.
- Guyton & Hall Textbook of Medical Physiology, <u>Ghasemi A</u>, Mohammadi M. 2012, Khosravi Publisher. ISBN: 978-600-209-072-0
- 12. Questions of Physiology for clinical biochemistry Ph.D. course. <u>Ghasemi A.</u> 2012, Dr. Khalili Publisher. ISBN: 978-600-6223-24-7.

2. Chapter in Books

1. Monosodium Glutamate (MSG)-Induced Animal Model of Type 2 Diabetes: Bahadoran Z, Mirmiran P, <u>Ghasemi A</u>, Methods in Molecular Biology. 2019;1916:49-65. doi: 10.1007/978-1-4939-8994-2_3.

2. Hydrogen Sulfide and Carbohydrate Metabolism. Bahadoran Z, Mirmiran P, <u>Ghasemi A</u>, Frontiers in Clinical Drug Research-Diabetes and Obesity, Atta-Ur-Rahman, Editor. 2019, Bentham Science Publishers: Sharjah, UAE. p. 226-258. Beneficial Effects of Inorganic Nitrate/Nitrite on Vascular Function and Blood Pressure in Diabetes, Bahadoran Z, Mirmiran P, <u>Ghasemi A</u> in Mechanisms of Vascular Defects in Diabetes Mellitus, C.C. Kartha, S. Ramachandran, and M.R. Pillai, Editors. 2017, Springer: Switzerland. p. 515-534.

3. Full papers

2.1. International articles

- Bahadoran Z, Mirmiran P, Kashfi Kh, <u>Ghasemi A*</u>: Lost-in-Translation of Metabolic Effects of Inorganic Nitrate in Type 2 Diabetes: Is Ascorbic Acid the Answer? Int J Mol Sci. 2021 Apr 29;22(9):4735. doi: 10.3390/ijms22094735.
- Bahadoran Z, Mirmiran P, Kashfi Kh, <u>Ghasemi A*</u>: Scientific Publishing in Biomedicine: How to Choose a Journal? Int J Endocrinol Metab. Volume 19, Issue 1, January 2021, Article number e108417. doi: 10.5812/ijem.108417.
- Afzali H, Khaksari M, Jeddi S, Kashfi Kh, Abdollahifar M-A*, <u>Ghasemi A*</u>: Acidified Nitrite Accelerates Wound Healing in Type 2 Diabetic Male Rats: A Histological and Stereological Evaluation. *Molecules*. 2021 Mar 26;26(7):1872. doi: 10.3390/molecules26071872.
- *Ghasemi A**: Uric acid-induced pancreatic β-cell dysfunction. BMC endocrine disorders. 2021 Feb 16;21(1):24.
 doi: 10.1186/s12902-021-00698-6.
- Mirmiran P, Gaeini Z, Bahadoran Z*, <u>Ghasemi A</u>, Norouzirad R, Tohidi M, Azizi F: Urinary sodium-to-potassium ratio: a simple and useful indicator of diet quality in population-based studies. European journal of medical research. 2020 Dec 16;107:58-65. doi: 10.1016/j.niox.2020.12.005.
- 6. Bahadoran Z, Norouzirad R, Mirmiran P, Gaeini Z, Jeddi S, Shokri M, Azizi F, <u>Ghasemi A*</u>: Effect of inorganic nitrate on metabolic parameters in patients with type 2 diabetes: A 24-week randomized double-blind placebocontrolled clinical trial. *Nitric Oxide*. 2020 Dec 16; S1089-8603(20)30216-0. doi: 10.1016/j.niox.2020.12.005.
- Jeddi S, Gheibi S, Carlström M, Kashfi K^{*}, <u>Ghasemi A^{*}</u>: Long-term co-administration of sodium nitrite and sodium hydrosulfide inhibits hepatic gluconeogenesis in male type 2 diabetic rats: Role of PI3K-Akt-eNOS pathway. Life Sci. 2020 Nov 16;118770. doi: 10.1016/j.lfs.2020.118770.
- Jeddi S, Khalifi S, Ghanbari M, <u>Ghasemi A*</u>: Effect of Fetal and Neonatal Hypothyroidism on Glucose Tolerance in Middle-Aged Female Rats. Endocr Metab Immune Disord Drug Targets . 2020 Nov 8. doi: 10.2174/1871530320666201109113903.
- 9. Bahadoran Z, Mirmiran P, Kashfi K, <u>Ghasemi A*</u>: Endogenous flux of nitric oxide: Citrulline is preferred to Arginine. Acta Physiol (Oxf) . 2020 Oct 22;e13572. doi: 10.1111/apha.13572.
- Jeddi S, Yousefzadeh N, Afzali H, <u>Ghasemi A*</u>: Long-term nitrate administration increases expression of browning genes in epididymal adipose tissue of male type 2 diabetic rats. Gene. 2020 Sep 17;145155. doi: 10.1016/j.gene.202 ¹.145155.
- Sheikholeslami S, Azizi F, <u>Ghasemi A</u>, Alibakhshi A, Parsa H, Tavangar S.M, Shivaee S, Yeganeh M.Z, Hedayati M*, Teimoori-Toolabi L*: NOL4 is Downregulated and Hyper-Methylated in Papillary Thyroid Carcinoma Suggesting Its Role as a Tumor Suppressor Gene. International Journal of Endocrinology and Metabolism. Volume 18, Issue 4, 2020, Article number e108510.
- Gheibi S, Ghasemi A*: INSULIN SECRETION: THE NITRIC OXIDE CONTROVERSY. EXCLI Journal. 2020;19:1227-1245 – ISSN 1611-2156

- Yousefzadeh N, Jeddi S, <u>Ghasemi A*</u>: Impaired Cardiovascular Function in Male Rats with Hypo- and Hyperthyroidism: Involvement of Imbalanced Nitric Oxide Synthase Levels. Endocrine, metabolic & immune disorders drug targets. 2020 May 8. doi: 10.2174/1871530320666200508115543.
- Bahadoran Z, Mirmiran P, Kashfi kh, <u>Ghasemi A*</u>: Importance of Systematic Reviews and Meta-analyses of Animal Studies: Challenges for Animal-to-Human Translation. Journal of the American Association for Laboratory Animal Science. 2020 Jul 29. doi: 10.30802/AALAS-JAALAS-J9-000139.
- Bahadoran Z, Mirmiran P, Carlström M, Norouzirad R, Jeddi S, Azizi F, <u>Ghasemi A*</u>: Different Pharmacokinetic Response to an Acute Dose of Inorganic Nitrate in Patients with Type 2 Diabetes. Endocrine, metabolic & immune disorders drug targets. 2020 Aug 13. doi: 10.2174/1871530320666200813135251.
- Bahadoran Z, Mirmiran P, Kashfi K, <u>Ghasemi A*</u>: The Principles of Biomedical Scientific Writing: Citation. INTERNATIONAL JOURNAL OF ENDOCRINOLOGY AND METABOLISM. 2020 Apr 27; 18(2):e102622. doi: 10.5812/ijem.102622.
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- 20. Jeddi S, Gheibi S, Kashfi K^{*}, Carlström M, <u>Ghasemi A</u>^{*}: Dose-dependent effects of long-term administration of hydrogen sulfide on myocardial ischemia– reperfusion injury in male wistar rats: Modulation of RKIP, NF-kB, and oxidative stress. International Journal of Molecular Sciences, Volume 21, Issue 4, 2 February 2020, Article number 1415, doi: 10.3390/ijms21041415
- Bahadoran Z, Mirmiran P, Kashfi K, <u>Ghasemi A*</u>: The principles of biomedical scientific writing: Abstract and keywords. **INTERNATIONAL JOURNAL OF ENDOCRINOLOGY AND METABOLISM**, Volume 18, Issue 1, 1 January 2020, Article number e100159, doi: 10.5812/ijem.100159.
- 22. Mohammadi F, Ahmadi-Zeidabadi M, Nazeri M, <u>Ghasemi A</u>, Shabani M^{*}: Nitric oxide modulates cognitive, nociceptive and motor functions in a rat model of empathy. **The International journal of neuroscience**, 2020.
- Yousefzadeh N, Kashfi Kh, Jeddi S^{*}, Ghasem, A: Ovariectomized rat model of osteoporosis: A practical guide. EXCLI Journal, Volume 19, 2020, Pages 89-107, doi: 10.17179/excli2019-1990.

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- 25. Bahadoran Z, Carlström M, Mirmiran P, Ghasemi A*: Nitric oxide: to be or not to be an endocrine hormone? Acta physiologica, Volume 229, Issue 1, 1 May 2020, Article number e13443.
- Bahadoran Z, Mirmiran P, <u>Ghasemi A*</u>: Role of Nitric Oxide in Insulin Secretion and Glucose Metabolism. Trends Endocrinol Metab. Volume 31, Issue 2, February 2020, Pages 118-130, doi: 10.1016/j.tem.2019.10.001.
- Mirmiran P, Bahadoran Z, <u>Ghasemi A</u>, Hosseinpanah F^{*}: Type 2 Diabetes and Cancer: An Overview of Epidemiological Evidence and Potential Mechanisms. Critical Reviews in Oncogenesis. Volume 24, Issue 3, 2019, Pages 223-233. doi: 10.1615/CritRevOncog.2019031153.
- Bahadoran Z, Mirmiran P, <u>Ghasemi A</u>, Kashfi K^{*}. Type 2 Diabetes and Cancer: The Nitric Oxide Connection. Critical Reviews in Oncogenesis. Volume 24, Issue 3, 2019, Pages 235-242. DOI: 10.1615/CritRevOncog.2019031256.
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- Rahmani M, Jeddi S, Ghanbari M, Momenan AA, Azizi F, Ghasemi A*: Reference Values for Serum Lipid Profiles in Iranian Adults: Tehran Lipid and Glucose Study. Arch Iran Med. 2019 Jan 1;22(1):24-31.
- 42. Khorasani V, Jeddi S, Yaghmaei P, Tohidi M, Ghasemi A^{*}: Effect of long-term sodium nitrate administration on diabetes-induced anemia and glucose homeostasis in obese type 2 diabetic male rats. Nitric Oxide. 2019 Feb 14;86:21-30. doi: 10.1016/j.niox.2019.02.003.
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- 47. Ataie, Z, Mehrani, H, <u>Ghasemi</u>, A, Farrokhfall, K^{*}: Cinnamaldehyde has beneficial effects against oxidative stress and nitric oxide metabolites in the brain of aged rats fed with long-term, high-fat diet . Journal of Functional Foods: Volume 52, January 2019, Pages 545-551.

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- 65. 11th European Congress of Endocrinology, Istanbul, Turkey, 25-29 April 2009. Tohidi M, <u>Ghasemi A</u>, Hadaegh F, Arbabi S, Hosseini F. Increased intra-erythrocyte magnesium is associated with gamma-glutamyl transferase in obese children.
- 11th European Congress of Endocrinology, Istanbul, Turkey, 25-29 April 2009. Farahani H, Zahediasl S, <u>Ghasemi A</u>. The effect of fetal hypothyroidism on carbohydrate metabolism during adulthood in rats.
- 67. 11th European Congress of Endocrinology, Istanbul, Turkey, 25-29 April 2009. Zahediasl S, Farahani H, <u>Ghasemi A</u>, Faraji F, Manaheji H. The effect of gestational hypothyroidism on insulin secretion from asolated islets of adult offspring in male rats.

Reviewer for Journals

- 1. Iranian Journal of Endocrinology and Metabolism [Persian]
- 2. International Journal of Endocrinology and Metabolism [English]
- 3. Dialysis Therapeutic and Apheresis [English]
- 4. Human Psychopharmacology: Clinical and Experimental [English]
- 5. Journal of Research in Medical Sciences [English]
- 6. Free Radical Biology and Medicine [English]
- 7. Pajoohesh Dar Pezeshki [Persian]
- 8. Nitric Oxide [English]

AWARDS

- 1. Young Researcher Award. 16th Iranian Congresses of Physiology and Pharmacology. Tehran- Iran, May 9-13, 2003.
- 2. Research faculty member acknowledged for excellence in research, Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2008.

MEMBERSHIPS AND HONORS

- 1. Membership of Iranian Society of Physiology and Pharmacology
- 2. Membership of Iranian Society of Nursing
- 3. 1st honours in high school
- 4. 1st honours during undergraduate course
- 5. Ranked 1st in the nationwide entrance examination (M.Sc.) of all universities in IRAN, in 1999, when seeking admission for postgraduate course in Physiology
- 6. 1st honours when graduated in Physiology (MSc. and Ph.D.)

TEACHING

- 1. Teaching Medical Physiology to B.Sc., M.Sc., and Ph.D. students
- 2. Teaching Scientific writing
- 3. Teaching SPSS

TRAINING

- 1. Participation in precongress workshop of **Development Neuroscience** at Tarbiat Modares University (TMU) By Prof. Nicholls. May 9, 2003, Tehran-Iran.
- 2. Member of executive committee in the 7th International Congress of Endocrine Disorders, 8-11 October, 2004, Tehran, Iran
- 3. Participation in International educational workshop on molecular Biotechnology, Tehran, Iran (2005)
- 4. Participation in **Grant-Writing Workshop** held by Endocrine research Center and cooperation of James Hogg iCAPTURE Center of cardiovascular and pulmonary research on May 11-19, 2005 in Tehran, Iran

5. Participation in SPSS workshop held by Shahid Beheshti University (M.C), May 2006.

APPOINTMENTS

- 1. Senior supervisor of Bo-Ali hospital (Tehran, Iran), 2001-2003
- 2. Researcher in Endocrine Research Centre (Tehran, Iran), 2004-2007
- 3. Assistant professor in Research Institute for Endocrine Sciences, from 2008
- 4. Executive manager of Iranian Physiology and Pharmacology letters, 2004-2007.
- 5. Editorial Board of Nursing Journal, Shahid Beheshti University (M.C) 2003-2005.

PROJECT

Finished

- 1. Serum nitric oxide metabolites and clustering of metabolic syndrome components in children: Tehran Lipid and Glucose Study, 2009
- 2. Association between metabolic syndrome and serum magnesium levels in elderly subjects: Tehran Lipid and Glucose Study, 2009
- 3. Physiological responses to thermal environment wearing protective NBC clothes. 2004-2005.
- 4. Effect of Paraoxon on [³H]GABA uptake in isolated synaptosomes from rat cortex. 2006-2007.
- 5. Effect of orally administration of magnesium on contractility of isolated aorta in rat 2006-2008.
- 6. Effect of ramiprillat on UCP2 and YCP3 expression in HUVEC cells 2007.

In progress

1. Effect of Vitamin D on UCP-2 expression of rat Islets

TECHNIQUES

- 1. HPLC (High Performance Liquid Chromatography)
- 2. Laboratory measurement using Specterophotometry and ELISA methods
- 3. DNA extraction
- 4. PCR, RTPCR, Real Time PCR and Electrophoresis
- 5. Western Blotting
- 6. Isolated tissue (Aorta) preparation and work with Physiograph
- 7. Isolation of islets from rat Langerhans.
- 8. Superfusion technique (using brain synaptosomes for studying neurotransmitters release and uptake)
- 9. Setting and measurement of serum nitric oxide metabolites (NO_x) by Griess reaction

- 10. Study with animal models including type 1 and type 2 diabetes
- 11. Measurement of magnesium and zinc by atomic absorption spectrophotometry