

Curriculum Vitae

Heading:

- **Name & Date of birth** : Farhad Hosseinpanah Ghasabeh / 1st January 1968
- **Current Address**: Obesity Research Center, Research Institute for endocrine sciences, Shahid Beheshti University of Medical Sciences. Taleghani Hospital Tehran – Iran
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Education:

Name of College/University: Shahid Beheshti University of Medical Sciences Tehran Iran
Year of Graduation: 1992

- Specialty of Internal Medicine 1996
- Sub specialty of endocrinology and metabolism 1999
- **Thesis Title**: “Determination of serum calcium & phosphorus and albumin in school children of 23 provinces in Iran in 1995”_

Honors of Awards:

- **First rank of National Board of Internal Medicine in 1996**
- **First rank of National Board of Endocrinology in 1999**

Relevant Experience:

Organization: Faculty Member of Shahid Beheshti University of Medical Sciences Tehran Iran
Employed/Worked: 2001

Title: Associate Professor

Description of Duties: Education and Research

Other Experience:

- Evidence Based Medicine
- Research Methodology
- Medical Scientific Writing
-

Professional Associations:

Name: Organization: Iranian Endocrine Society-Tehran-Iran
Positions Held: Member of Executive Committee

Name: Iran obesity society
Positions Held: Former member of Executive Committee

Name: Obesity Research Center, Research institute for Endocrine Science, Shahid Beheshti University of Medical Sciences Tehran Iran
Positions Held: Former director

Publications:

Articles:

1. Zahedi M, Asghari G, Mirmiran P, **Hosseinpanah F**. *Case Report: Management of a Patient With Chylomicronemia Syndrome During Pregnancy With Medical Nutrition Therapy*. *Front Nutr*. 2021 Mar 5;8:602938.
2. Aryannezhad S, **Hosseinpanah F**, Khalaj A, Mahdavi M, **Valizadeh M**, Akhvirad SMB, Barzin M. *Comparison of the one-year outcomes of bariatric surgery in adolescents and young adults: a matched case-control study, Tehran Obesity Treatment Study (TOTS)*. *Surg Today*. 2021 Apr 10. doi: 10.1007/s00595-021-02281-x.
3. Valizadeh M, **Hosseinpanah F**, Ramezani Tehrani F, Abdi H, Mehran L, Hadaegh F, Amouzegar A, Sarvghadi F, Azizi F; Iranian Endocrine Society Task Force. *Iranian Endocrine Society Guidelines for Screening, Diagnosis, and Management of Gestational Diabetes Mellitus*. *Int J Endocrinol Metab*. 2020 Dec 23;19(1):e107906. doi: 10.5812/ijem.107906. eCollection 2021 Jan.
4. Mehrabi F, Amiri P, Cheraghi L, Kheradmand A, **Hosseinpanah F**, Azizi F. *Emotional states of different obesity phenotypes: a sex-specific study in a west-Asian population*. *BMC Psychiatry*. 2021 Mar 4;21(1):124.
5. Hadaegh F, Asgari S, Toreyhi H, Eskandari F, Fahimfar N, Bozorgmanesh M, **Hosseinpanah F**, Azizi F. *Sex-specific incidence rates and risk factors for fracture: A 16-year follow-up from the Tehran lipid and glucose study*. *Bone*. 2021 May;146:115869.
6. Asghari G, Yuzbashian E, Wagner CL, Park Y, Mirmiran P, **Hosseinpanah F**. *Daily vitamin D3 in overweight and obese children and adolescents: a randomized controlled trial*. *Eur J Nutr*. 2021 Jan 11. doi: 10.1007/s00394-020-02406-x.
7. Aryannezhad S, Khalaj A, **Hosseinpanah F**, Mahdavi M, Valizadeh M, Barzin M. *One-year outcomes of bariatric surgery in older adults: A case-matched analysis based on the Tehran Obesity Treatment Study*. *Surg Today*. 2021 Jan;51(1):61-69.
8. Mousapour P, Barzin M, Valizadeh M, Mahdavi M, Azizi F, **Hosseinpanah F**. *Comparison of the Modification of Diet in Renal Disease Study and Chronic Kidney Disease Epidemiology Collaboration Equations for Detection of Cardiovascular Risk: Tehran Lipid and Glucose Study*. *Int J Endocrinol Metab*. 2020 Nov 22;18(4):e101977.

9. **Hosseinpahan F**, Tasdighi E, Barzin M, Mahdavi M, Ghanbarian A, Valizadeh M, Azizi F. *The association between transition from metabolically healthy obesity to metabolic syndrome, and incidence of cardiovascular disease: Tehran lipid and glucose study*. PLoS One. 2020 Sep 18;15(9):e0239164.
10. Gharooi Ahangar O, Javanrouh N, Daneshpour MS, Barzin M, Valizadeh M, Azizi F, **Hosseinpahan F**. *Genetic markers and continuity of healthy metabolic status: Tehran cardio-metabolic genetic study (TCGS)*. Sci Rep. 2020 Aug 12;10(1):13600.
11. Rostami M, Simbar M, Amiri M, Bidhendi-Yarandi R, **Hosseinpahan F**, Ramezani Tehrani F. *The optimal cut-off point of vitamin D for pregnancy outcomes using a generalized additive model*. Clin Nutr. 2021 Apr;40(4):2145-2153.
12. Mirmiran P, Moslehi N, **Hosseinpahan F**, Sarbazi N, Azizi F. *Dietary determinants of unhealthy metabolic phenotype in normal weight and overweight/obese adults: results of a prospective study*. Int J Food Sci Nutr. 2020 Nov;71(7):891-901.
13. Ziadlou M, Hosseini-Esfahani F, Mozaffari Khosravi H, **Hosseinpahan F**, Barzin M, Khalaj A, Valizadeh M. *Dietary macro- and micro-nutrients intake adequacy at 6th and 12th month post-bariatric surgery*. BMC Surg. 2020 Oct 12;20(1):232.
14. Malek M, **Hosseinpahan F**, Aghaei Meybodi HR, Jahed SA, Hadaegh F, Sharghi S, Esteghamati A, Khamseh ME. *Diabetes Management during the COVID-19 Pandemic: An Iranian Expert Opinion Statement*. Arch Iran Med. 2020 Aug 1;23(8):564-567.
15. Khalaj A, Tasdighi E, **Hosseinpahan F**, Mahdavi M, Valizadeh M, Farahmand E, Taheri H, Barzin M. *Two-year outcomes of sleeve gastrectomy versus gastric bypass: first report based on Tehran obesity treatment study (TOTS)*. BMC Surg. 2020 Jul 20;20(1):160.
16. Mousapour P, Valizadeh M, Mahdavi M, Saadat N, Barzin M, Azizi F, **Hosseinpahan F**. *Trends in the Prevalence of Severe Obesity among Tehranian Adults: Tehran Lipid and Glucose Study, 1999-2017*. Arch Iran Med. 2020 Jun 1;23(6):378-385.
17. Khalaj A, Mousapour P, Motamedi MAK, Mahdavi M, Valizadeh M, **Hosseinpahan F**, Barzin M. *Comparing the Efficacy and Safety of Roux-en-Y Gastric Bypass with One-Anastomosis Gastric Bypass with a Biliopancreatic Limb of 200 or 160 cm: 1-Year Results of the Tehran Obesity Treatment Study (TOTS)*. Obes Surg. 2020 May 14. doi: 10.1007/s11695-020-04681-3.
18. Shahali A, Tasdighi E, Barzin M, Mahdavi M, Valizadeh M, Niroomand M, Azizi F, **Hosseinpahan F**. *Abdominal obesity phenotypes and risk of kidney function decline: Tehran Lipid and Glucose Study*. Obes Res Clin Pract. 2020 Mar-Apr;14(2):168-175.
19. Barzin M, Mousapour P, Khalaj A, Mahdavi M, Valizadeh M, **Hosseinpahan F**. *The Relationship Between Preoperative Kidney Function and Weight Loss After Bariatric Surgery in Patients with Estimated Glomerular Filtration Rate ≥ 30 mL/min: Tehran Obesity Treatment Study*. Obes Surg. 2020 May;30(5):1859-1865. doi: 10.1007/s11695-020-04407-5.
20. Moslehi N, Golzarand M, **Hosseinpahan F**, Mirmiran P, Azizi F. *Dietary intakes of flavonoids and carotenoids and the risk of developing an unhealthy metabolic phenotype*. Food Funct. 2020 Apr 30;11(4):3451-3458.
21. Mirmiran P, Moslehi N, **Hosseinpahan F**, Sarbazi N, Azizi F. *Dietary determinants of unhealthy metabolic phenotype in normal weight and overweight/obese adults: results of a prospective study*. Int J Food Sci Nutr. 2020 Apr 1:1-11.
22. Mousapour P, Barzin M, Valizadeh M, Mahdavi M, Azizi F, **Hosseinpahan F**. *Predictive performance of lipid accumulation product and visceral adiposity index for renal function*

- decline in non-diabetic adults, an 8.6-year follow-up.* Clin Exp Nephrol. 2020 Mar;24(3):225-234.
23. Piri Z, Barzin M, Mahdavi M, Guity K, Azizi F, **Hosseinpahan F**, Valizadeh M *The role of childhood BMI in predicting early adulthood dysglycemia: Tehran lipid and glucose study.* Nutr Metab Cardiovasc Dis. 2020 Feb 10;30(2):313-319.
 24. Barzin M, Aryannezhad S, Khalaj A, Mahdavi M, Valizadeh M, Ghareh S, Azizi F, **Hosseinpahan F**. *Effects of bariatric surgery in different obesity phenotypes: Tehran Obesity Treatment Study (TOTS).* Obes Surg. 2020 Feb;30(2):461-469.
 25. **Hosseinpahan F**, Serahati S, Barzin M, Aryannezhad S, Rezaie M, Valizadeh M, Azizi F. *Trends of Obesity in 10-Years of Follow-up among Tehranian Children and Adolescents: Tehran Lipid and Glucose Study (TLGS).* Iran J Public Health. 2019 Sep; 48 (9):1714-1722.
 26. Asghari G, **Hosseinpahan F**, Serahati S, Haghi S, Azizi F. *Association between obesity phenotypes in adolescents and adult metabolic syndrome: Tehran Lipid and Glucose Study.* Br J Nutr. 2019 Sep; 11: 1-18.
 27. Azizi F, Hadaegh F, **Hosseinpahan F**..., Khalili D. *Metabolic health in the Middle East and north Africa.* Lancet Diabetes Endocrinol. 2019 Aug 14.
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 29. Asghari G, Mirmiran P, Yuzbashian E, Dehghan P, Mahdavi M, Tohidi M, Wagner CL, Neyestani T, **Hosseinpahan F**, Azizi F. *Association of circulating 25-hydroxyvitamin D and parathyroid hormone with carotid intima media thickness in children and adolescents with excess weight.* J Steroid Biochem Mol Biol. 2019 Apr;188:117-123.
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 31. Ramezani Tehrani F, Minooe S, Rostami M, Bidhendi Yarandi R, **Hosseinpahan F**. *Response to Letter to the Editor: "Effectiveness of Prenatal Vitamin D Deficiency Screening and Treatment Program: A Stratified Randomized Field Trial".* J Clin Endocrinol Metab. 2019 Feb 1;104(2):339-340.
 32. Motamedi MAK, Khalaj A, Mahdavi M, Valizadeh M, **Hosseinpahan F**, Barzin M. *Longitudinal Comparison of the Effect of Gastric Bypass to Sleeve Gastrectomy on Liver Function in a Bariatric Cohort: Tehran Obesity Treatment Study (TOTS).* Obes Surg. 2019 Feb;29(2):511-518.
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35. Behboudi-Gandevani S, Ramezani Tehrani F, **Hosseinpanah F**, Khalili D, Cheraghi L, Kazemijaliseh H, Azizi F. *Cardiometabolic risks in polycystic ovary syndrome: long-term population-based follow-up study*. Fertil Steril. 2018 Dec;110(7):1377-1386.
36. Barzin M, Piri Z, Serahati S, Valizadeh M, Azizi F, **Hosseinpanah F**. *Incidence of abdominal obesity and its risk factors among Tehranian adults*. Public Health Nutr. 2018 Dec;21(17).
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38. Eftekharzadeh A, **Hosseinpanah F**, Valizadeh M, Barzin M, Mahdavi M, Azizi F. *Legacy of the Tehran Lipid and Glucose Study: Chronic Kidney Disease*. Int J Endocrinol Metab. 2018 Oct 31;16(4 Suppl).
39. Barzin M, Valizadeh M, Serahati S, Mahdavi M, Azizi F, **Hosseinpanah F**. *Overweight and Obesity: Findings from 20 Years of the Tehran Lipid and Glucose Study*. Int J Endocrinol Metab. 2018 Oct 23;16(4 Suppl).
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42. Amiri P, Jalali-Farahani S, Rezaei M, Cheraghi L, **Hosseinpanah F**, Azizi F. *Which obesity phenotypes predict poor health-related quality of life in adult men and women? Tehran Lipid and Glucose Study*. PLoS One. 2018 Sep 12;13(9)
43. Rostami M, Tehrani FR, Simbar M, Bidhendi Yarandi R, Minoonee S, Hollis BW, **Hosseinpanah F**. *Effectiveness of Prenatal Vitamin D Deficiency Screening and Treatment Program: A Stratified Randomized Field Trial*. J Clin Endocrinol Metab. 2018 Aug 1;103(8):2936-2948.
44. Asghari G, Khalaj A, Ghadimi M, Mahdavi M, Farhadnejad H, Valizadeh M, Azizi F, Barzin M, **Hosseinpanah F**. *Prevalence of Micronutrient Deficiencies Prior to Bariatric Surgery: Tehran Obesity Treatment Study (TOTS)*. Obes Surg. 2018 Aug; 28(8)
45. Barzin M, Aryannezhad S, Serahati S, Beikyazdi A, Azizi F, Valizadeh M, Ziadlou M, **Hosseinpanah F**. *Incidence of obesity and its predictors in children and adolescents in 10 years of follow up: Tehran lipid and glucose study (TLGS)*. BMC Pediatr. 2018 Jul 25;18(1):245.
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51. Kazemi Jaliseh H, Ramezani Tehrani F, Behboudi-Gandevani S, **Hosseinpanah F**, Khalili D, Cheraghi L, et al. *Polycystic ovary syndrome is a risk factor for diabetes and prediabetes in middle-aged but not elderly women: a long-term population-based follow-up study*. Fertility and sterility. 2017;108(6):1078-84.
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55. Styrkarsdottir U, Helgason H, Sigurdsson A, Norddahl GL, Agustsdottir AB, Reynard LN, **et al**. *Whole-genome sequencing identifies rare genotypes in COMP and CHADL associated with high risk of hip osteoarthritis*. Nat Genet. 2017;49(5):801-5.
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