PERSONAL INFORMATION_____

Name: Marzieh Saei Ghare Naz

Citizenship: Iranian

Current position: Postdoctoral researcher in Reproductive Endocrinology Research Center, Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical

Sciences, Tehran, Iran

Email: saeigarenaz@gmail.com

Tel:09149786157

EDUCATION ____

Doctor of Philosophy (PhD) in Reproductive Health	February 2020
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Shahid Beheshti University of Medical Science

♣ Health Master of Business Administration (Health MBA) March 2020

Shahid Beheshti University of Medical Science

♣ Master of Science (MSc) in Midwifery

October 2014

Shahid Beheshti University of Medical Science

♣ Bachelor of Science (BS) in Midwifery
 Urmia University of Medical Science

RESEARCH INTERESTS _____

Investigations to improve women health especially in Reproductive Endocrinology

HONORS AND AWARDS _____

Tehran Elites Foundation member	2018-2020
Talent student of Shahid Beheshti University of Medical Science	2016-2020
Talent student of Urmia University of Medical Science	2008-2012

PUBLICATIONS _____

PEER-REVIEWED JOURNAL ARTICLES

- ❖ Marzieh Saei Ghare Naz, Fahimeh Ramezani Tehrani, Effect of cinnamon on polycystic ovary syndrome (PCOS): A Systematic Review, The Iranian Journal of Obstetrics, Gynecology and Infertility, February 2021, Volume 23, Issue 12, 86-97. https://ijogi.mums.ac.ir/article_17831.html?lang=en
- ❖ Nahid Sarahian, **Marzieh Saei Ghare Naz**, Fahimeh Ramezani Tehrani, Following SARS-CoV-2 in the first trimester of pregnancy, what should we do in the 2nd, 3rd trimesters, and postpartum in terms of thyroid assessment?, Endocrine,2021,1-2.
- ❖ Fahimeh Ramezani Tehrani , Marzieh Saei Ghare Naz, Razieh Bidhendi Yarandi , Samira Behboudi-Gandevani, The Impact of Diagnostic Criteria for Gestational Diabetes Mellitus on Adverse Maternal Outcomes: A Systematic Review and Meta-Analysis, Journal of Clinical Medicine, 2021, 10 (4), 666. https://www.mdpi.com/2077-0383/10/4/666

- ❖ Marzieh Saei Ghare Naz ,Fahimeh Ramezani Tehrani, Effect of Laser and Intense Pulsed Light in treatment of hirsutism in women with polycystic ovary syndrome (PCOS): A systematic review; The Iranian Journal of Obstetrics, Gynecology and Infertility, 2020;23(10); https://ijogi.mums.ac.ir/article_17493.html
- ❖ Marzieh Saei Ghare Naz, Marzieh Rostami Dovom, Fahimeh Ramezani Tehrani ,Modern pharmacological treatments of sexual dysfunction in women: a narrative review, The Iranian Journal of Obstetrics, Gynecology and Infertility. November 2020,23(9),69-84. https://ijogi.mums.ac.ir/article_17388.html?lang=en
- ❖ Fahimeh Ramezani Tehrani , Samira Behboudi-Gandevani, Razieh Bidhendi Yarandi , Marzieh Saei Ghare Naz , Enrico Carmina. Prevalence of acne vulgaris among women with polycystic ovary syndrome: a systemic review and meta-analysis. Gynecol Endocrinol. 2020 Dec 23;1-14. https://www.tandfonline.com/doi/abs/10.1080/09513590.2020.1859474?journalCode=igye20
- ❖ Marzieh Saei Ghare Naz, Fahimeh Ramezani Tehrani. Turning the threat of SARS-CoV-2 crisis into an opportunity for a better lifestyle in adolescents with polycystic ovary syndrome. J Pediatr Nurs. 2020 Sep 3;S0882-5963(20)30590-X.
- ❖ Saei Ghare Naz M, Ramezani Tehrani F, Behroozi-Lak T, Mohammadzadeh F, Kholosi Badr F, Ozgoli G. Polycystic Ovary Syndrome and Pelvic Floor Dysfunction: A Narrative Review, Research and Reports in Urology, 7 May 2020 Volume 2020:12 Pages 179—185. https://www.dovepress.com/polycystic-ovary-syndrome-and-pelvic-floor-dysfunction-a-narrative-rev-peer-reviewed-article-RRU
- ❖ Marzieh Saei Ghare Naz, Fahimeh Ramezani Tehrani. SARS-CoV-2: Future potential impact on timing of menarche and onset of the regular menstrual cycle in adolescents. J Pediatr Nurs. 2020 Oct 16.
- ❖ Marzieh Saei Ghare Naz, Fahimeh Ramezani Tehrani, Tahereh Behroozi Lak, Farnaz Mohammadzadeh,Malihe Nasiri, Farahnaz Kholosi Badr, Quality of Life and Emotional States of Depression, Anxiety and Stress in Adolescents with Polycystic Ovary Syndrome: A Cross-Sectional Study. Psychology Research and Behavior Management, 2020:13 203–209.https://www.dovepress.com/quality-of-life-and-emotional-states-of-depression-anxiety-and-stress--peer-reviewed-article-PRBM
- Marzieh Saei Ghare Naz, Giti Ozgoli, Koroush Sayehmiri. Prevalence of Infertility In Iran: A Systematic Review And Meta-Analysis. Urol J. 2020 Jun 23;17(4):338-345. https://journals.sbmu.ac.ir/urolj/index.php/uj/article/view/5610
- ❖ Banaei M, Ghasemi V, Saei Ghare Naz M, Kiani Z, Rashidi-Fakari F, Banaei Sb, Mohammad Souri B, Rokni M. Obstetrics and Neonatal Outcomes in Pregnant Women with COVID-19: A Systematic Review. Iran J Public Health.2020, 49 (Suppl.1):38-47. http://ijph.tums.ac.ir/index.php/ijph/article/view/20539
- ❖ Marzieh Saei Ghare Naz , Marzieh Rostami Dovom, Fahimeh Ramezani Tehrani. The Menstrual Disturbances in Endocrine Disorders: A Narrative Review. Int J Endocrinol Metab. 2020; 18(4):e106694
- ❖ Saei Ghare Naz M, Kiani Z, Rashidi Fakari F, Ghasemi V, Abed M, Ozgoli G. The effect of micronutrients on pain management of primary dysmenorrhea: a systematic review and meta-analysis. J Caring Sci 2020; 9 (1): 47-56. doi: 10.34172/jcs.2020.008.
 - https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7146731/pdf/jcs-9-47.pdf
- Zahra Kiani , Masoumeh Simbar , Sepideh Hajian , Farid Zayeri , Maryam Shahidi , Marzieh Saei Ghare Naz, Vida Ghasemi, The Prevalence of Anxiety Symptoms in

- Infertile Women: A Systematic Review and Meta-Analysis, Fertil Res Pract, 2020 Apr
- 15;6:7.https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7157980/pdf/40738_2020_Article_76.pdf
- ❖ Sanagoo A, Kiani F, Saei Gharenaz M, Sayehmiri F, et al. A systematic review and meta-analysis on the association of serum and tumor tissue iron and risk of breast cancer. Caspian J Intern Med 2020; 11(1): 1-11. http://caspjim.com/article-1-1674-en.html
- ❖ Saei Ghare Naz M, Amiri M, Ramezani Tehrani F. The Evolutionary Approach for Diagnostic Criteria of Polycystic Ovary Syndrome in Adolescents: a Review. Iranian Journal of Endocrinology and Metabolism. 2019; 21 (4) :253-265. URL: http://ijem.sbmu.ac.ir/article-1-2624-fa.html
- ❖ Saei Ghare Naz M, Banaei M, Ghasemi V, Rashidi-Fakari F, Khiabani A, Abed M, et al. Postpartum Female Sexual Dysfunction and Related Factors in Iranian Women: A Systematic Review and Meta- analysis. J Isfahan Med Sch 2019; 37(546): 1149-61. http://jims.mui.ac.ir/index.php/jims/article/view/12374
- ❖ Saei Ghare Naz M,, Ramezani Tehrani F, Ahmadi F, Majd HA, Ozgoli G. Threats to feminine identity as the main concern of Iranian adolescents with polycystic ovary syndrome: A qualitative study. Journal of pediatric nursing. J Pediatr Nurs. Nov-Dec 2019;49:e42-e47. https://pubmed.ncbi.nlm.nih.gov/31645273/
- ❖ Farzaneh Rashidi Fakari, Farnaz Mohammadzade, Fahimeh Rashidi Fakari, Marzieh Saei Ghare Naz, Giti Ozgoli, The prediction of cervical cancer screening beliefs based on big five personality traits, Nursing Open. 2020;00:1–6. https://onlinelibrary.wiley.com/doi/epdf/10.1002/nop2.493.
- ❖ Saei Ghare Naz M, Ramezani Tehrani F, Ozgoli G, Polycystic Ovary Syndrome in adolescents: a qualitative study, August 2019 Volume 2019:12 Pages 715—723, https://www.dovepress.com/polycystic-ovary-syndrome-in-adolescents-a-qualitative-study-peer-reviewed-article-PRB
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- ♦ Mohammadzadeh Nimekari M, Saei Ghare Naz M, Y Ashouri Taziani Correlation between Supportive Care Needs of Women with Breast Cancer and Quality of Life of their Family Caregivers, Int J Community Based Nurs Midwifery. 2019 Oct; 7(4): 300–308. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6779921/.
- ❖ Saei Ghare Naz M, Tehrani FR, Majd HA, Ahmadi F, Ozgoli G, Fakari FR, et al. The prevalence of polycystic ovary syndrome in adolescents: A systematic review and meta-analysis. International Journal of Reproductive BioMedicine (IJRM). 2019:533–42-42. http://journals.ssu.ac.ir/ijrmnew/article-1-1614-en.html
- ❖ Darooneh T, Sheikhan Z, **Saei-Gharenaz M**, Jalali-Chimeh F, Kholosi F, Nasiri M, et al. The Prognostic Factors of Sexual Dysfunction among Selected Pregnant Women in Tehran City, Iran. J Isfahan , Med Sch 2019; 37(522): 328-34. http://jims.mui.ac.ir/index.php/jims/article/view/11507
- ❖ Mohaddesi H, Saei Ghare Naz M*, Najarzadeh M, Yeganehpour M, Khalkhali H Correlation between Depression with serum levels of vitamin d, calcium and magnesium in women of reproductive age. J Caring Sci 2019; 8 (2): 117-119. doi:10.15171/jcs.2019.017. https://jcs.tbzmed.ac.ir/citation_report/jcs-22529/crossref
- ❖ Marzieh Saei Ghare Naz: Farzaneh Rashidi Fakari: Vida Ghasemi: Zahra Kiani: Giti Ozgoli, The correlation of number of parity and bone mineral density (BMD) in women: A

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- ❖ Farzaneh Rashidi Fakari, Nourossadat Kariman, Giti Ozgoli, **Marzieh Saei Ghare Naz**,Vida Ghasemi,Fahimeh Rashidi Fakari, Abbas Ebadi, Iranian version of Pelvic Girdle Questionnaire:Psychometric properties and cultural adaptation. J Res Med Sci 2019;24:43. http://jrms.mui.ac.ir/index.php/jrms/article/view/10930.
- Ghasemi V, Simbar M, Ozgoli G, Nabavi S M, Alavi Majd H, Mohammad Souri, Farzaneh Rashidi Fakari and Marzieh Saei Ghareh Naz. The Prevalence of Sexual Dysfunction in Iranian Women with Multiple Sclerosis: A Systematic Review and Meta-analysis, Shiraz E-Med J; 20(6):e83490. http://eprints.umsha.ac.ir/5092/
- ❖ Marzieh Saei Ghare Naz, Tayebeh Darooneh, Fatemeh Salmani, Farhnaz Kholosi Badr, Giti Ozgoli, Relationship of Health Locus of Control with Breast Cancer Screening Belief of Iranian Women, Asian Pac J Cancer Prev, 20 (3), 699-703. http://journal.waocp.org/article_81840.html
- ❖ Farzaneh Rashidi Fakari, Masoumeh Simbar, Marzieh Saei Ghare Naz, Fahimeh Rashidi Fakari. Factors Related to Empowering Iranian Women's Fertility Behaviors: A Systematic Review. Journal of Obstetrics, Gynecology and Cancer Research. 2018;3(3):115-122. http://jogcr.com/article-1-210-en.html
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- ❖ Saei Ghare Naz M, Sayehmiri F, Kiani F, Ozgoli G. A Systematic Review and Metaanalysis on the Average Age of Menopause among Iranian Women. Evidence Based Care. 2019;8(4):26-34. http://ebcj.mums.ac.ir/article_12038.html
- ❖ Ghasemi V, Simbar M, Rashidi Fakari F, Saei Ghare Naz M, Kiani Z. The Effect of Peer Education on Health Promotion of Iranian Adolescents: A Systematic Review. Int J Pediatr 2019; 7(3). http://ijp.mums.ac.ir/article_11814_4d9fdf5031849c68da6c04312dd0223f.pdf
- ❖ Saei Ghare Naz M, Darooneh T, Rashidi Fakari F, Kholosi Badr F, Hajizadeh F, Ozgoli G. The Relationship between Health Locus of Control and Iranian Women's Beliefs toward Pap Smear Screening. IJCBNM. 2019;7(1):43-51. http://ijcbnm.sums.ac.ir/article_40845.html
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- ❖ Marzieh Saei Ghare Naz; Abbas Ebadi; Taybeh Darooneh; Farzaneh Rashidi Fakari; Farahnaz Kholosi Badr; Vida Ghasemi; Giti Ozgoli, Cross-Cultural Adaptation and Psychometric Evaluation of the Pap Smear Belief Questionnaire in Iranian Women, Evidence Based Care Journal, 2018,8 (3): 27-34. http://ebcj.mums.ac.ir/article_11184.html
- ❖ Shabnam Mozafari: Marzieh Saei Ghare Naz: Giti Ozgoli, Effect of Ginger on primary Dysmenorrhea: A systematic review of clinical trials and Quasi- Experimental studies in the world, The Iranian Journal of Obstetrics, Gynecology and Infertility. 2018,21: Page 86-93. http://ijogi.mums.ac.ir/article 11624.html

- ❖ Rashidi Fakari F, Simbar M, **Saei Ghare Naz M**. The Relationship between Fear- Avoidance Beliefs and Pain in Pregnant Women with Pelvic Girdle Pain: A Cross-Sectional Study. IJCBNM. 2018; 6(4):305-313. http://ijcbnm.sums.ac.ir/article_40837.html
- ❖ Marzieh Saei Ghare Naz; Vida Ghasemi; Zahra Kiani; Farzaneh Rashidi Fakari; Giti Ozgoli. The Effect of Breastfeeding Duration on Bone Mineral Density (BMD): A Systematic Review and Meta-Analysis. International Journal of Pediatrics. 2019: 8831-8843. http://ijp.mums.ac.ir/article_11279.html
- ❖ Ozgoli G, Saei Ghare Naz M*. Effects of complementary medicine on nausea and vomiting in pregnancy: A systematic review. International Journal of Preventive Medicine. 2018;9(1):75. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6177529/
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- ❖ Rashidi Fakari F, **Saei Ghare Naz M**, Ghasemi V, Riazi H, Afrakhteh M, Keshavarz Z. Relationship between serum lipids and endometrial cancer: A systematic review and meta-analysis. The Iranian Journal of Obstetrics, Gynecology and Infertility. 2018;21(5):87-96. http://ijogi.mums.ac.ir/article_11389.html
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- ❖ Ghasemi V, Ebadi A, Kariman N, Ozgoli G, **Saei Ghare Naz M**, Rashidi Fakari F, et al. Translation and Psychometric Evaluation of the Iranian Version of Iowa Infant Feeding Attitude Scale (IIFAS). International Journal of Pediatrics. 2018:8549-59. http://ijp.mums.ac.ir/article_11014.html
- ❖ Nayere Azam Hajikhani, Giti Ozgoli, Taghi Pourebrahim, Yadollah Mehrabi, Khadijeh Abollmaali, Fatemeh Mohammadi, **Marzieh Saei Ghare Naz**. Development and Psychometric Evaluation of the Men's Worry about Their Wives' High Risk Pregnancy Questionnaire. International Journal of Community Based Nursing and Midwifery. 2018;6(3):186. http://ijcbnm.sums.ac.ir/article_40826.html
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- ❖ Saei Ghare Naz M, Ozgoli G, Aghdashi MA, Salmani F. Prevalence and risk factors of osteoporosis in women referring to the bone densitometry academic center in Urmia, Iran. Global journal of health science. 2016;8(7):135. http://www.ccsenet.org/journal/index.php/gjhs/article/view/52311
- ❖ Saei Ghare Naz M, Ozgoli G. Effect of medicinal plants in the treatment of primary dysmenorrhea in Iran: a review article. The Iranian Journal of Obstetrics, Gynecology and Infertility. 2015;18(160):14-31. http://ijogi.mums.ac.ir/article_4823.html
- ❖ Ozgoli G, Armand M, Saei Ghare Naz M, Sheikhan Z, Alavi Majd H. Survey of fetal abuse status and predisposing factors in pregnant women referred to the selected hospitals of Shahid Beheshti University of Medical Sciences, Tehran 2012. The Iranian Journal of Obstetrics, Gynecology and Infertility. 2016;19(12):1-9. http://ijo.gi.mums.ac.ir/article_7218.html
- * Moghaddam Tf, Zamani Bs, Saei Ghare Naz M. Effect Of Group Discussion On Health Concerns Of 15 To 18 Year-Old Teenage Girls: A Randomized Control Trial. 2016. http://nmj.umsha.ac.ir/article-١٥٢٣-١-fa.html
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- ❖ Saei Ghare Naz M, Edalatnemun R, Mohaddesi H. The Predisposing Factors Of Postpartum Depression In Women Referring To Selected Health Centers In Urmia In 2015. The J Urmia Nurs Midwifery Fac. 2017;14(11):918-25. http://unmf.umsu.ac.ir/article- * ・ \ ^ \ ^ fa.html
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CONFERENCE PRESENTATIONS _____

ORAL PRESENTATIONS

❖ Marzieh Saei Ghare Naz, Giti Ozgoli, Hamideh Mohaddesi (2015). The relationship between body mass index and depression in women. Talk presented at the in international congress of maternal and childhood obesity. Urmia, Iran

- ❖ Marzieh Saei Ghare Naz, Giti Ozgoli. (2015). Factors related to adolescent obesity. presented at the First youth health conference, Urmia, Iran
 - **POSTER PRESENTATIONS**
- ❖ Saei Ghare Naz M, Ramezani Tehrani F.Impending reproductive health problems in adolescent girls during COVID-19 crisis. 9th Yazd International Congress and Student award on Reproductive Medicine.
- ❖ Mojde Banee, Masoumeh Simbar, Vida Ghasemi, Marzieh Saei Ghare Naz, Barriers to access for adolescent girls to reproductive and sexual health services in Iran, (2019) the 8th international conference on women. Tehran, Iran.
- ❖ Marzieh Saei Ghare Naz, Relationship between depression, stress and anxiety and breast cancer screening belief, (2019) the 8th international conference on women. Tehran, Iran.
- ❖ Saei Ghare Naz M, Ramezani Tehrani F, Relationship between body mass index and quality of life in adolescents with polycystic ovary syndrome. (2019) 7th Iranian Congress on Prevention and Treatment of Obesity. Tehran, Iran.
- ❖ Marzieh Saei Ghare Naz, Tayebeh Darooneh, Giti Ozgoli, Farzaneh Rashidi Fakari Effect of spirituality on breast cancer screening practice of women in Tehran, (2017), 13th International Congress on Breast Cancer. Tehran, Iran. Tehran, Iran.
- ❖ Tayebeh Darooneh, Giti Ozgoli, **Marzieh Saei Ghare Naz**, Fatemeh salmani: The Relationship between Level of Education and Women's Knowledge and Practice of Breast Self-Examination, (2017), 13th International Congress on Breast Cancer. Tehran, Iran. Tehran, Iran.
- ❖ Marzieh Saei Ghare Naz: The relationship between internal health locus of control and breast self-examination of women in Tehran, (2017), 13th International Congress on Breast Cancer. Tehran, Iran. Tehran, Iran.
- ❖ Tayebeh Darooneh, Giti Ozgoli, Marzieh Saei Ghare Naz, Investigation the relation between educational level and occupation with women attitude toward breast cancer screening, (2017) , 13th International Congress on Breast Cancer, Tehran, Iran.
- ❖ Marzieh Saei Ghare Naz, Mehri gholami; Related factors of obesity after menopause (2015), presented at the in international congress of maternal and childhood obesity. Urmia, Iran.
- ❖ Marzieh Saei Ghare Naz, Mehri gholami, Hamideh Mohaddesi, Reproductive factores related with body mass index of women, (2015), presented at the in international congress of maternal and childhood obesity. Urmia, Iran.
- ❖ Marzieh Saei Ghare Naz, Hamideh Mohaddesi, Analyze of maternal mortality in Iran, (2014) presented at the in second national student congress of medical researchers. Urmia, Iran

- ❖ Marzieh Saei Ghare Naz, Relationship between body mass index and bone mineral index (2015), presented at the in international congress of maternal and childhood obesity. Urmia, Iran.
- ❖ Marzieh Saei Ghare Naz, Hamideh Mohaddesi Relationship between maternal obesity and its long-term outcomes (2015), presented at the in international congress of maternal and childhood obesity. Urmia, Iran.
- ❖ Marzieh Saei Ghare Naz, Mehri gholami, Hamideh Mohaddesi, Relationship between vitamins and body mass index in women (2015), presented at the in international congress of maternal and childhood obesity. Urmia, Iran.
- ❖ Marzieh Saei Ghare Naz, Analyze of psychosocial health relates factors of youth (2015) presented at the First youth health conference, Urmia, Iran,

WORKSHOP PARTICIPATION_ Systematic review, children medical center, Tehran 2020 Meta-analysis, children medical center, Tehran 2020 Scientific Writing, children medical center, Tehran 2020 Educational workshop of psychometric scales for research, Tehran 2019 Educational workshop of systematic review, Tehran 2019 Educational workshop of Cochrane systematic review, Tehran, NIMAD 2018 Quality research, concept analyze, Tehran 2018 Evidence based practice in midwifery, Tehran 2017 Educational workshop of Cochrane systematic review, Urmia University of 2015 Medical Science The resource management of ENDNOTE, Urmia University of Medical Science 2015 Blood sampling in research with respect to ethics, Urmia University of Medical 2014 Science Neonatal CPR, Shahid Beheshti University of Medical Science 2012 The basic medical research, Urmia University of Medical Science 2011 TEACHING EXPERIENCE TEACHING ASSISTANTSHIPS Midwifery skill labs, Delivery and Pediatric in Urmia 2014-2016 University of Medical Science TEACHING INTERESTS _____

Lectures: Pregnancy, Menopause, Adolescence, Reproductive health, Reproductive Endocrinology

References:

- 1. Fahimeh Ramezani Tehrani. Professor of Obstetrics & Gynecology Director, Reproductive Endocrinology Research Center, Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences. Tehran. Iran.
- 2. Giti ozgoli. Associate professor, PhD in Reproductive health Midwifery and Reproductive Health Research Center Department of Midwifery and Reproductive Health. Shahid Beheshti University of Medical Sciences. Tehran. Iran.