

# Fahimeh Mehrabi

No.24, Research Institute for Endocrine Sciences, Velenjak, Tehran, Iran



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## Fields of Interest

- Lifestyle Modification
- Personality Psychology
- Health-related Behaviors
- Health Psychology

## Education

2014 – 2017	<p><b>M.Sc. in Personality Psychology, Islamic Azad University, Science and Research Branch, Tehran, Iran</b></p> <p><b>Thesis:</b> “Effects of group therapy based on positive psychology on marital conflict and anxiety of women undergoing IVF”</p> <p><b>Advisor:</b> <a href="#">Prof. Faramarz Sohrabi</a></p> <p><b>Overall GPA:</b> 17.77/20</p>
2009 – 2013	<p><b>B.Sc. in Clinical Psychology, Kharazmi University, Tehran, Iran</b></p> <p><b>Thesis:</b> “The association between early maladaptive schema and impulsiveness in Kharazmi University students”</p> <p><b>Advisor:</b> <a href="#">Dr. Jafar Hasani</a></p> <p><b>Overall GPA:</b> 15.75/20</p>

## Professional Experiences

2019 - Present	<p><b>Research Institute for Endocrine Sciences, Social Health Determinants Research Center, Tehran, Iran</b></p> <p>Researcher <a href="https://sdh.sbmu.ac.ir">https://sdh.sbmu.ac.ir</a></p>
2017 - 2018	<p><b>Yas Hospital, Tehran, Iran</b></p> <p>Group Therapist</p>
2017 - 2018	<p><b>Private office, Tehran, Iran</b></p> <p>Therapist</p>

## Membership

2018 - Present	<p><b>Psychology and Counseling Organization of Iran</b></p> <p>#27245</p>
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## Voluntary Experiences

2016 - 2018	<p><b>Home for the Future NGO, Tehran, Iran</b></p> <p>Providing educational and counseling service <a href="http://www.khane-ayande.com">http://www.khane-ayande.com</a></p>
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## Honors and Awards

**2009**

**Ranked top 1% among 460000 participants in the nationwide university entrance exam for undergraduate study**

Received scholarship from Faculty of Psychology and Education as an exceptional talent student

## Attended Workshops

**Tehran  
University**

**“Academic Paper Writing”**

14 hours

**Research Institute  
for Endocrine  
Sciences**

**“Research method and scientific writing”**

**Modat  
Professional  
Psychology  
Institute**

**“Mindfulness”**

8 hours

**Tehran Institute  
of Technology**

**“SPSS”**

**Shahrivar  
Psychological  
Clinic**

**“Psychopathology based on Psychoanalysis”**

14 hours

**Shahrivar  
Psychological  
Clinic**

**“Shedler-Westen Assessment Procedure (SWAP-200)”**

10 hours

**Shahrivar  
Psychological  
Clinic**

**“Intensive Short Term Dynamic Psychotherapy”**

62 hours

## Technical Skills

✓ **Software:** SPSS, Microsoft Office

## Publications

✓ **Mehrabi, F., Amiri, P., Cheraghi, L. et al. Emotional states of different obesity phenotypes: a sex-specific study in a west-Asian population. BMC Psychiatry 21, 124 (2021).**  
<https://doi.org/10.1186/s12888-021-03131-3>.

## Manuscripts Under Review

- ✓ **Predisposing factors of depression, anxiety, and stress: findings from a population-based study in a West-Asian population**
- ✓ **Barriers to weight management in pregnant mothers with obesity: a qualitative study on mothers with low socio-economic background**
- ✓ **Personal and spousal weight trajectories in relation to health-related quality of life: a population-based cohort study**

## Language Skills

- ✓ **Persian:** Native
- ✓ **English:** TOEFL (W:25 R:23 L:28 S:25)
- ✓ **Turkish and Arabic:** (Beginner)

## Extracurricular Activities

- ✓ **Photography, Club Leadership**
- ✓ **Swimming, Mountain Climbing, Yoga**
- ✓ **Knitting, Calligraphy**

## Poster Presentation

- ✓ Fatemeh Mehrabi, **Fahimeh Mehrabi**, Firouzeh Akbari Asbagh, Fatemeh Davari Tanha, Samaneh Hajmohammadbaghr. Effects of group therapy based on positive psychology on anxiety and pregnancy outcome in women undergoing IVF. 2<sup>nd</sup> International Congress on Science and Engineering. March 12, 2020. Paris, France.

**Further Information, Proofs and References Are Available Upon Request**